



## KRISPY KRUNCHY CHICKEN® - NUTRITIONAL INFORMATION

Effective: April 2025

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Note: Not all menu items are offered at all locations.

Chicken & Biscuit	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
2PC Chicken Dark (1 Leg, 1 Thigh) + Biscuit	720	47	10	2.5	170	1660	40	3	8	35
2PC Chicken Mixed (1 Wing, 1 Thigh) + Biscuit	730	48	10	2.5	155	1670	40	3	8	33
3PC Chicken Dark (1 Leg, 2 Thighs) + Biscuit	1040	69	14	2.5	275	2350	50	4	9	54
3PC Chicken Mixed (1 Thigh, 1 Leg, 1 Wing) + Biscuit	880	58	11	2.5	220	2010	45	4	9	45
4PC Chicken Dark (2 Legs, 2 Thighs) + Biscuit	1190	79	15	2.5	340	2690	55	5	9	66
4PC Chicken Mixed (1 Thigh, 2 Wings, 1 Leg) + Biscuit	1030	68	13	2.5	270	2370	49	4	9	55

Jumbo Tenders & Biscuit	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
3PC Jumbo Tender & Biscuit	940	47	8	3	170	2530	59	5	8	70
4PC Jumbo Tender & Biscuit	1170	58	9	3	225	3170	71	6	8	93
6PC Jumbo Tender & Biscuit	1640	79	11	3	340	4440	93	9	8	138

Nuggets & Biscuit	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
6PC Nuggets & Biscuit	610	39	10	2.5	70	1700	44	1	8	27
10PC Nuggets & Biscuit	850	55	14	2.5	120	2420	56	1	8	43

Individual Chicken/Nuggets/Tenders Listed by the piece	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
Leg	150	9	1.5	0	60	350	4	1	0	12
Thigh	320	23	4	0	105	690	10	1	0	19
Whole Wing	160	11	2	0	50	360	5	1	0	10
Nugget	60	4	1	0	12	180	3	0	0	4
Jumbo Tender	230	11	1	0	55	640	11	1	0	22

Traditional Wings Listed by the piece	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
Traditional Wings - Buffalo	80	5	1	0	35	410	1	0	0	8
Traditional Wings - Krispy	110	7	1.5	0	40	210	2	1	0	8
Traditional Wings - Sweet & Sour	90	4.5	1	0	45	230	4	0	4	9

Chicken Sandwich	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
Chicken Sandwich <i>Only</i>	580	29	5	0	55	1720	55	2	10	25

Honey Butter Fried Shrimp	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
1PC Honey Butter Fried Shrimp	45	2.5	0.5	0	10	115	4	0	0	1

Sides	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
Wedges Regular	380	28	6	0	0	610	30	2	0	3
Wedges Large	630	47	9	0	0	1000	50	3	0	6
Wedges Family	1090	80	16	0.5	0	1720	86	5	0	10
Jambalaya Regular	250	12	3	0	35	810	27	1	1	10
Jambalaya Large	670	31	8	0	95	2160	73	4	2	26
Mac & Cheese Regular	320	10	5	0	25	880	45	2	4	13
Mac & Cheese Large	840	25	14	0.5	65	2340	121	4	10	35
Mashed Potatoes & Gravy Regular	450	7	3	0	0	2340	88	7	5	8
Mashed Potatoes & Gravy Large	1310	20	9	0	0	6550	258	20	15	25
Red Beans & Rice Regular	190	6	1.5	0	5	330	27	3	1	6
Red Beans & Rice Large	520	12	3	0	10	660	86	6	2	14
1 Blueberry Flavored Biscuit	240	13	4	2.5	0	390	29	0	13	2
1 Honey Biscuit	250	15	4	2.5	0	620	26	1	8	3

Krispy's Dipping Sauces Listed per container	Cals (kcal)	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
Barbecue Sauce	70	0	0	0	0	320	16	0	14	0
Buffalo Sauce	30	2.5	0	0	0	690	2	0	1	0
Honey Mustard Sauce	160	13	2	0	10	340	10	0	10	0
Ranch Sauce	210	22	3.5	0	15	410	2	0	2	1
Signature Krunch Sauce	170	17	3	0	15	520	4	0	3	0
Sweet & Sour Sauce	80	0	0	0	0	250	19	0	17	0

### Family Meals and Krunch Boxes - reference individually listed items

<b>Cals</b>	Total Calories
<b>Sat</b>	Saturated Fat
<b>Trans</b>	Trans Fat

<b>Chol</b>	Cholesterol
<b>Sod</b>	Sodium
<b>Carbs</b>	Total Carbohydrates
<b>Fiber</b>	Dietary Fiber

<b>(g)</b>	Grams
<b>(mg)</b>	Milligrams
<b>Pc</b>	Piece(s)

THIS LIST IS BASED ON PRODUCT INFORMATION PROVIDED BY THE FOOD MANUFACTURERS USED BY KRISPY KRUNCHY, THE UNITED STATES DEPARTMENT OF AGRICULTURE DATABASE, AN INDEPENDENT LABORATORY COMMISSIONED BY KRISPY KRUNCHY AND GENESIS SQL NUTRITIONAL ANALYSIS PROGRAM FROM ESHA RESEARCH IN SALEM, OREGON. THIS INFORMATION IS CURRENT AT THE TIME OF PUBLICATION. HOWEVER, OVER TIME, INGREDIENT CHANGES AND SUBSTITUTIONS MAY OCCUR DUE TO THE DIFFERENCE IN SUPPLIERS, RECIPE REVISIONS, PREPARATION TECHNIQUES, AND/OR THE SEASON OF THE YEAR. SOME MENU ITEMS MAY NOT BE AVAILABLE AT ALL LOCATIONS; TEST PRODUCTS, TEST RECIPES, LIMITED TIME OFFERS, AND/OR REGIONAL ITEMS MAY NOT BE INCLUDED.



## KRISPY KRUNCHY CHICKEN® - ALLERGEN INFORMATION

Effective: April 2025

**WARNING:** Krispy Krunchy Chicken® or operators of the brand cannot guarantee any food to be free of allergens.

Please consult a doctor, this allergen guide and the local store operator for details regarding allergens of concern before placing your order.

Stores selling Krispy Krunchy Chicken® are independent entities and not part of the KKC brand themselves. Store operators prepare foods that may contain all the major allergens including tree nuts, milk, eggs, wheat, soy, fish, shellfish, peanuts, and sesame using shared surfaces, equipment, fryers, and ingredient sources. Foods other than KKC menu items may be prepared on the premises. Store operators are responsible for managing their premises, food preparation standards, and sharing unique process details upon customer request.

	Menu Item	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat
Chicken	Leg									+
	Nugget			+						+
	Jumbo Tender									+
	Thigh									+
	Whole & Cut Wing									+
Wings	Buffalo			+				+		
	Krispy									
	Sweet & Sour							+		+
Biscuits	Honey Biscuit			+				+		+
	Blueberry Flavored Biscuit			+				+		+
Honey Butter Fried Shrimp	Honey Butter Fried Shrimp			+			+	+		+
Chicken Sandwich	Chicken Sandwich			+				+		+
Sides	Jambalaya							+		+
	Mac & Cheese	+		+						+
	Mashed Potatoes & Gravy			+				+		+
	Red Beans & Rice							+		+
	Potato Wedges									+
Krispy's Dipping Sauces	Barbecue Sauce									
	Buffalo Sauce			+				+		
	Honey Mustard Sauce	+								
	Ranch Sauce	+		+						
	Signature Krunch Sauce	+								
	Sweet & Sour Sauce							+		+

+

Allergen present in approved purchased ingredients

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